

Sara Galas Band

BIO:

The Sara Galas Band world music duo was founded in New York City in October 2012 by Italian singer songwriter and interdisciplinary artist Sara Galassini, who lives and works in New York since 2000 & Japanese-American composer and multi instrumentalist (shakuhachi, guitar, percussion, synthesizer) Yukio Tsuji, who lives and works in New York since 1985.

The musical collaboration between Galassini and Tsuji shows a strong alchemy, a vast versatility of styles and a profound theatricality that makes their performance an experience beyond the concert, a journey through the languages of sound, poetry and gesture.

The duo collaborates with various musicians performing as a trio, quartet or quintet. The Sara Galas Band has performed in New York theaters and venues including the historic theater of La MaMa ETC, Dixon Place, the Nuyorican Poets Cafe, Japan Society, the Sheen Center, Cafe Vivaldi, the Great Hall at Cooper Union.

In the summer of 2012 the duo played at the 54th Festival dei Due Mondi for the show "la MaMa Tribute" and at the Fringe Spoleto Festival collaborating with violinist Marko Zoranovik and percussionist Mamadou Ba. In April 2013 the Sara Galas Band was invited to play at the Cite of Florence for a special collaboration with two very talented Italian musicians, jazz clarinetist Mirco Mariottini and accordionist Alberto Becucci. On the 5th of May 2013 the Sara Galas Band aired at TG2 Dossier "Big Italy" as representatives of Italian culture in America.

At the end of 2013 the duo recorded the first Demo containing 4 original songs and in 2014 produced the interdisciplinary show "Unmeasurable Picture" directed by Sophie Bortolussi and written by Sara Galassini. the performance was created around some of the Band's original songs. Sara Galassini was the main performer together with the Mexican flamenco dancer Maria Elena Anaya, Yukio Tsuji was the musical director and arranger as well as one of the musicians together with Claudio Scarabottini, Bill Ruyl and Yuka Tadano.

Galassini and Tsji have designed and performed 4 more interdisciplinary performances: "Waves of all times", "Origin: a Performance Art Concert" and "REFLECT-I-ON", and [Pros- \(Her\) -Pere](#). In September 2019 they published their debut album [HER](#) in collaboration with the label [Ars Spoletium](#).

[HER](#)

~ a Transoceanic Music and Poetry Project~

The Sara Galas Band are the colors and the passion of the Mediterranean combined with the breaths of Japan's spirituality that meet between the frenetic rhythms of New York multiculturalism.

At times a dynamic Duo, at times a Trio, Quartet or Quintet whose eclectic sound and compositions are rooted in many musical traditions fusing many genres and styles to create rhythmic and melodic motifs that belong to world music.

The project stems from the meeting between interdisciplinary artist Sara Galassini with composer and musician Yukio Tsuji on the off and off-off Broadway stages of the experimental theater scene in New York. It is here that the two discover to share a strong passion for world music and the desire to combine their voices through a music collaboration.

A strong alchemy, a vast versatility of styles and a profound theatricality are some of the main ingredients that make their musical performance an experience beyond the concert to propose a journey through the languages of sound, poetry and gesture.

Tsuji's arrangements underscore Galassini's poetic lyrics in Italian and English with sheer inventiveness and simplicity resonating a distinct spiritual force that is strongly present in Galassini's words. The flow of their voices is a constant dramatic dialogue that offers a panorama of multiple realities and dimensions to tell the human condition through narratives of dreams, hope, love, mythical figures and archetypes.

Their alchemy is immediately evident. The energy and feeling of the acoustic guitar and the ethnic instruments together with the hypnotic sound and poetic force of Galassini's voice and interpretation propose a sound journey that celebrates the fusion of sublime melodies and vast musical horizons that embrace the senses.

HER

Album Concept

HER is a collection of songs written to honor the feminine spirit to celebrate mother earth and its teachings. It's a biographical storytelling about fragility and being human, a search to reconnect with the self through the practice of love, deep listening, attention, respect, appreciation and caring for what welcomes and nourishes us, and to which we belong to, our planet earth.

The album begins with a song that speaks about fear, judgment and expectations, and ends with a song that talks about the feminine's ability to transform itself into all the elements and inhabit every form, including light and shadow, life and death, always remaining the vital essence of all things.

For me, art is a means to spread messages, to go back to the origins and re-establish ties with what remains forgotten and too often ignored, or worse still exploited daily to the excess to satisfy the habits of our ignorant societies sickened by indifference and by the obsession of success and power.

HER is an ode to the deep love that exists in each of us, but that too often is not expressed because we find ourselves overwhelmed with fear, negativity, selfishness, narcissism, envy, jealousy. Or by a sense of inadequacy, impossibility, and the continuous acts of separation and destruction that we participate to as spectators and actors, from near and far, with every breath and heartbeat.

HER is a journey towards feeling deeply in order to get back one true self, one's own choices, actions and responsibilities, which concern ourselves and the future generations.

HER is a door that opens towards the unknown or what has not yet been understood, it is a promise of honor made to oneself, a hymn to possibilities and diversity, it is a hand offered with confidence, trust and without conditions.

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The Band - Me - Yukio